



FEBRUARY | 2019

CALVARY ACADEMY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

28	29	30	31	1 BAKED MACARONI & CHEESE STEAMED BROCCOLI BANANA SMILEY FACE STRAWBERRY DELIGHT COOKIE
4 CHEESE QUESADILLA BLACK BEANS & CORN PINEAPPLE CHUNKS CHURRO – MEXICAN PASTRY L.FAT SOUR CREAM / SALSA	5 BREAKFAST PIZZA TURKEY BACON, EGG AND CHEESE WITH GRAVY ON A PASTRY LIKE CRUST BLUEBERRY YOGURT TATER TOTS MANDARIN ORANGE SEGMENTS	6 BBQ CHICKEN BONELESS, SKINLESS, CHICKEN BREAST IN BBQ SAUCE BAKED BEANS APPLESAUCE SOFT BAKED PRETZEL	7 MEATBALL SUB ALL BEEF MEATBALLS IN MARINARA SAUCE & TOPPED W/ MOZ. CHEESE IN A SUB BUN MIXED GREEN SALAD WITH CHOICE OF DRESSINGS SLICED PEARS	8 FRIED CHICKEN BREADED, OVEN BAKED CHICKEN MASHED POTATOES CHICKEN GRAVY CORN SLICED PEACHES BISCUIT
11 SMORGASBORD DAY	12 CHICKEN FAJITA GRILLED CHICKEN STRIPS IN A FLOUR TORTILLA REFRIED BEANS PINEAPPLE TIDBITS SPANISH RICE L.FAT SOUR CREAM / SALSA	13 PIZZA BURGER ALL BEEF PATTY TOPPED WITH MARINARA SAUCE, SEASONINGS & MOZ. CHEESE STEAMED BROCCOLI RED DELICIOUS APPLE	14 HEARTFELT GRILLED CHEESE SANDWICH SWEETHEART STRAWBERRY YOGURT BLUSHING PINK MASHED POTATOES LOVE YOU FOREVER FRUIT SALAD	15 BBQ RIB SANDWICH BBQ PORK RIB PATTY ON A HONEY WHEAT SUB BUN BAKED SWEET POTATOES APPLESAUCE DILL PICKLE SLICES
18 NO SCHOOL IN OBSERVANCE OF PRESIDENTS DAY	19 POPCORN CHICKEN REGULAR OR SPICY BREADED, OVEN BAKED CHICKEN PIECES MASHED POTATOES CHICKEN GRAVY SLICED PEACHES ROLL / KETCHUP	20 4" ROUND PEPPERONI PIZZA FRESH SPINACH SALAD WITH SLICED STRAWBERRIES DICED PEARS GOLDFISH CRACKERS	21 BBQ PORK SANDWICH SHREDDED BBQ PORK ON A HONEY WHEAT BUN BAKED BEANS CINNAMON APPLESAUCE LOW FAT CHEX MIX	22 BAKED MACARONI & CHEESE GREEN BEANS MIXED FRUIT CORNBREAD MUFFIN
25 PHILIPPINES DAY! CHICKEN ADOBO – SEASONED DICED CHICKEN SERVED ON A BED OF WHITE RICE STEAMED BROCCOLI MANGO, PAPAYA, & PINEAPPLE CHUNKS	26 LONDON DAY! FISH & CHIPS BREADED, OVEN BAKED FISH FRENCH FRIES COLESLAW / BREAD & BUTTER ETON MESS – A POPULAR BRITISH DESSERT USING FRESH STRAWBERRIES & CREAM	27 SCOTLAND DAY! SAUSAGE & MASH CHICKEN SAUSAGE LINK CREAMY MASHED POTATOES APPLE SLICED BREAD	28 SOUTH AFRICA DAY! BAKED CHICKEN LEG GREEN BEANS MIXED FRUIT SALAD WITH MELONS & ORANGES MEALIE BREAD – SOUTH AFRICAN SWEET CORNBREAD	1 INDONESIA DAY! NASI GORENG XIANGCHUN - INDONESIAN FRIED RICE WITH CHICKEN & VEGETABLES SLICED CUCUMBERS & TOMATOES PISANG AMBON - BANANA

On February 8, 15, and 22, we will have a special lunch in celebration of Black History Month. Let's take time to reflect on all of the sacrifices and achievements made by so many brave people who fought for their rights and freedom.

On February 14, fall in love with our valentine lunch!

February 25 – March 1 is Missions Week at Calvary! Missionaries from several countries will be visiting the classrooms each day. I've taken some of these country's favorite foods and created a menu similar to what the children would have for lunch.

A fun, full February!
-Mrs. Sudduth